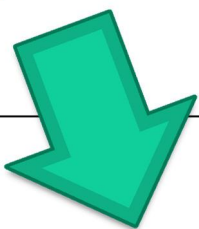


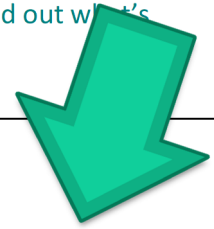
PHARMACY FIRST

- The idea is that anyone can **walk-in** to the community pharmacy or be referred there by another health or care service for treatment and/or advice for common minor conditions
- Pharmacy First is the rebranded version of what **was** called the Minor Ailments Service (MAS).
- **All pharmacies across Scotland provide this service.**
- Common minor conditions that can easily be treated under Pharmacy First can be found below. You may want to print this off, share with colleagues and have a copy at reception and perhaps store on your PC.
- **N.B.** It is important that you tell patients that the outcome of a referral will not always result in the supply of medication. The pharmacist will decide whether to provide:
 - **Advice**
 - **Advice and Medication/Treatment**
 - **A referral to a more appropriate health professional (e.g. Optometrist or GP)**
- Like doctors and nurses, pharmacists must follow a formulary of what they can and cannot supply on the NHS, if the medicine is not on the list, the person could perhaps purchase the medication.
- There are 5 national Patient Group Directives (PGDs) which allow the pharmacist to supply prescription only medicines (POMs) in low risk scenarios. The PGDs cover conditions like UTIs (in women only), uncomplicated cellulitis, impetigo and shingles. **A list of the national PGDs and a reminder of who CANNOT be treated on them (exclusion criteria) can be found below.**



PHARMACY FIRST +

- Pharmacy First Plus is **where the community pharmacy has a pharmacist who is an independent prescriber**. You may also hear it called the **Clinical Common Conditions service (CCC)**.
- **Community Pharmacist Independent Prescribers (CPIPs) can prescribe prescription only medication (POMs) to patients after an examination and if clinically appropriate**
- **Not all pharmacies in Scotland can provide this service**, so it is best to check first before referring anyone. Some pharmacies may also only be able to provide this service during certain times in order to manage numbers.
- Pharmacy First Plus is new to NHS GGC - **we currently have 39 community pharmacies (49 Pharmacists) that provide this service.**
- Over the next few years, there are plans to train more pharmacists as independent prescribers to help reduce demands on general practice for Common Clinical Conditions
- Pharmacists must undertake additional training and require another qualified prescriber to supervise them during their course. If this is a doctor, they are called a **Designated Medical Practitioner (DMP)**.
- Pharmacists may therefore approach the practice and ask for support from you and your team to help them achieve this qualification
- It may be useful to discuss as a practice how and who may be able to help before receiving an enquiry.
- Talk to your local pharmacy or health board pharmacy champion to find out what's happening in your area.



Choose the right service!

PHARMACY FIRST TREATABLE CONDITIONS

- Acne
- Allergies
- Athlete's foot
- Backache
- Blocked or runny nose
- Cold sores
- Constipation
- Cough
- Cystitis (in women) – PGD available see below
- Diarrhoea
- Earache (not ear infections if they require antibiotics)
- Eczema
- Headache
- Head lice
- Haemorrhoids (piles)
- Hay fever
- Impetigo – PGD available see below
- Indigestion
- Mouth ulcers
- Sore throat
- Pain
- Period pain
- Threadworms
- Thrush – remember to check if diabetic/pregnant
- Warts
- Verrucas

Choose the right service!